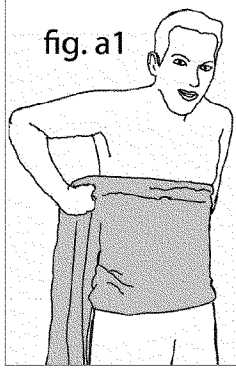
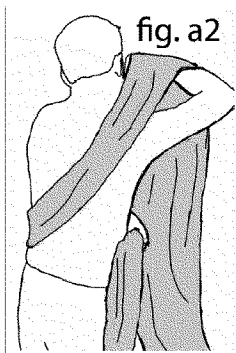


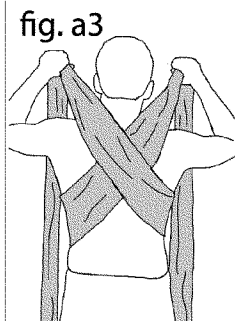
PUT YOUR WRAP DUO ON



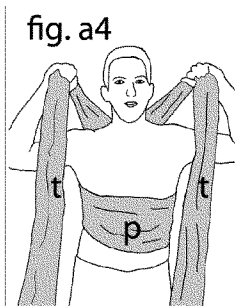
a1. Center the carrier above your belly button.



a2. Cross the fabric from your left hip to your right shoulder. Keep the fabric well spread and prevent twisting - this will ensure maximum comfort and distribute your baby's weight across your torso.



a3. Cross the fabric from your right hip to your left shoulder. Keep the fabric well spread across your back and pull both tails snug across your back.



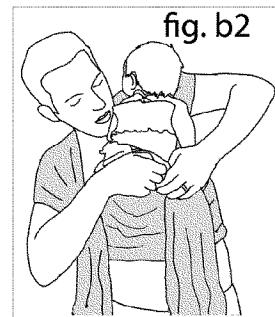
a4. Tug forward and upward on the tails (t), as shown, in order to remove all slack from carrier. The pocket (p) should be snug across your chest/belly. This is where your baby will sit.

CARRYING A NEWBORN BABY, 0-3 MONTHS

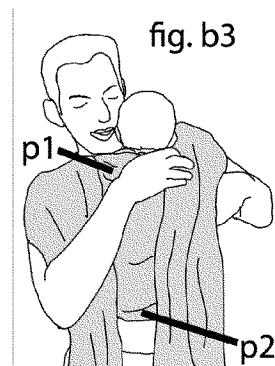


Important: NEVER cover your baby's face while in your carrier. **Always ensure your baby is breathing regularly.** If your baby is wheezing or grunting, reposition her or check with your pediatrician.

1. Pull the top edge of the wrap pocket slightly away from your body while holding your baby against your shoulder.

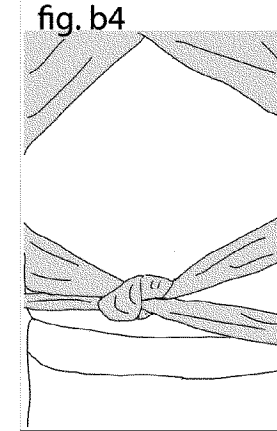


2. Bring the top edge of pocket up to the base of your baby's neck while settling baby into the pocket, with her head resting at or above the level of your heart. The bottom of the pocket must form a seat around her buttocks and legs to support her.

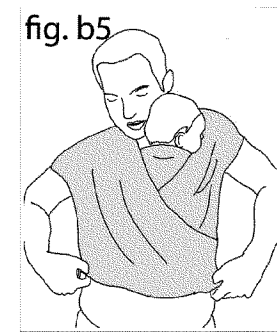


3. Hold baby with one hand while using your other hand to pull the long tails so the carrier is snug along her back and your back. Adjust one tail at a time. **The top edge of the pocket (c) should be as snug as your hands would hold her. The bottom edge of the pocket (d) must sit firmly against your belly, tucked slightly between her body and yours, as shown.**

To ensure correct fit, tighten the rails (e) and body (f) of the carrier separately by pulling up and away from your body as in figure a4 at far left.



4. Bring the tails of the carrier to your back and tie them in a square knot at the small of your back, as shown.



5. Spread the long tails, one at a time, across your baby's back, so each cross embraces her completely, as shown. The fabric should hold her tautly, as you would hold her with your arms.



6. **IN-ARMS CHECK:** Test the wrap for security. Hug your baby to your chest. She should not change positions when you embrace her. The wrap should hug her back so that her chest is securely against your chest, her head should be upright, and her bottom should be in the same place it would be if you were holding her in arms.

For video instructions visit wrapsodybaby.com.